



## Meena Radio Programme: Suggested Session Plan for Training of Trainers (TOT): Day One

Session	Themes	Methodology	Time	Output	Material Used
	Registration & Introduction of Participants	Activity	1000 Hrs – 1115Hrs	<ul style="list-style-type: none"> <li>- Participants register for the training and they get a training folder.</li> <li>- The ice breaker will:               <ul style="list-style-type: none"> <li>• Create a positive group atmosphere</li> <li>• Help people to relax</li> <li>• Help people to get to know one another</li> <li>• Break down social barriers</li> <li>• Energize &amp; motivate</li> <li>• Help people to “think outside the box”</li> <li>• Prepare them for learning activities in the session that follows</li> </ul> </li> </ul>	Stationery: Folder, note pad, pen, Teachers’ Guide  Two resource persons from UNICEF conduct session  Two resource persons from UNICEF conduct session
	Tea		1115Hrs – 1140 Hrs	Tea	
<b>Session 1: Meena- An Overview</b>	Meena Ki Duniya – An Introduction	Self Reading	1140 Hrs – 1200Hrs	<ul style="list-style-type: none"> <li>- Participants are introduced to Meena Ki Duniya through the concept note.</li> </ul>	Concept Note- Meena Radio Programme

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	Objectives of Meena Radio Program	Presentation	1200 Hrs – 1220Hrs	<p>The following objectives of Meena Radio Programme will be communicated to the participants:</p> <ul style="list-style-type: none"> <li>- Promote prosocial behaviours and practices</li> <li>- Improve life skills and prosocial values, with an emphasis on gender and social inclusion</li> <li>- Promote children’s and especially girls’ education with attention to enrolment, retention, quality, and literacy</li> <li>- Endorse and model Child Friendly Schools</li> </ul>	Power Point Presentation

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	Content of Meena Radio	Discussion & Presentation	1220Hrs – 1250Hrs	Participants will be informed that the content of Meena Radio Programme covers six broad domains: (i) Child Rights (ii) Gender (iii) Child Friendly Schools (iv) Life Skills (v) Environment (vi) Social Inclusion	PowerPoint, White Board, Flip Charts

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<b>Meena Ki Duniya Magazine Format</b>	Discussion on the complete structure of the programme – Entertainment – Education (e-e), Magazine- story, song, game	Participants listen to the episode “ Akhbaar se kya seekha”	1250 Hrs – 1320Hrs	Participants will be informed that “Meena Ki Duniya” has three clear segments designed to engage the children. (i) Story (ii) Song (iii) Game and that each of these segments are designed in a way that they entertain the schoolchildren and also encourage them to think. Participants listen to the episode “ Akhbaar se kya seekha”	Power Point, White Board, Flip Charts, audio aid, cd having the episode “Akhbaar se kya seekha”
	LUNCH		1320 Hrs – 1410 Hrs	LUNCH	
	Energizing game – Bol Bhai Kitne	Game	1410 Hrs – 1415 Hrs	Participants become energized, alert and more receptive for the session after lunch.	
<b>Session 2: Role of Teachers in Meena Ki Duniya</b>	Meena Ki Duniya- Teachers’ Guidebook	Participants will be asked to read through the Teachers’ Guide Book & internalize it.	1415 Hrs – 1500 Hrs	- Participants will be introduced to the Teachers’ Guide and will be familiarized with its aims, objectives and content.	

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	Role of Teachers before and after the broadcast. Linkage with Meena Manch Activities at School.	Brain Storming, & Discussion	1500Hrs – 1545Hrs	<p>Participants will learn that the following must be ensured before the broadcast:</p> <ul style="list-style-type: none"> <li>• The radio is kept at a place from where it is audible to all the children,</li> <li>• The radio, battery/ power is checked beforehand.</li> <li>• The frequency of the station from where the programme is being broadcast is set beforehand.</li> <li>• The sound of the radio should be adjusted beforehand.</li> <li>• Doors should be closed to avoid distraction, however the teacher must ensure that there is proper light and children are comfortable in the room.</li> <li>• Materials like paper, crayons, etc required for the planned activity must be arranged beforehand.</li> <li>• Children should have water; go to the toilet before the broadcast so that there is no disturbance during the 15 minutes broadcast.</li> <li>• What the teacher expects from the students during the broadcast should be clear to them before listening to the Meena Radio Programme.</li> </ul>	Teachers' Guide Book

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				<p>Participants will learn that the following should be ensured after the broadcast</p> <ul style="list-style-type: none"> <li>• Children recall of the broadcast content in short.</li> <li>• The teacher should ask the children to recall the song as well as the game.</li> <li>• Questions should be asked on the story (5 minutes).</li> <li>• Discussion should be facilitated on the main message &amp; relevant issues of the story. (7 – 8 minutes).</li> <li>• Group activity (song, game, etc) should be facilitated (6 – 7 minutes).</li> <li>• Children should be asked, ‘which character did you like most and why?’</li> <li>• The teacher should discuss day to day real life challenging situations before the children and ask them to find solutions to them.</li> </ul>	
	Tea		1545Hrs – 1605 Hrs	Tea	
<b>Session 3: Role Play on Meena ki Duniya Classroom situations</b>	Listening to the audio broadcast, Group Discussions & Preparation of Role Plays	Discussion in 4 micro groups and preparation of Role Plays	1605Hrs – 1700 Hrs	Participants will get a firsthand experience of listening to the Meena Ki Duniya episodes and will prepare a role play on real life facilitation of a classroom session on Meena Ki Duniya. This will help to build their capacity to implement the Meena Radio Programme most effectively.	
	Wrap up & Closing Remarks				

## Meena Radio Programme: Session Plan for Training of Trainers (TOT): Day Two

Session	Themes	Methodology	Time	Output	Material Used
	Yoga (if possible – one of the participants could be encouraged to take this session)		0600 Hrs – 0700 Hrs		
	Recapitulation of Day 1	Narration by one of the participants (others contribute incase any relevant point has been left out)	1000 Hrs – 1015 Hrs	Participants will be able to recall the activities of day one.	
<b>Session 3 (Contd from Day 1): Role Plays</b>	Presentations of 2 Groups	Role Plays & Discussions	1015 Hrs – 1115 Hrs	Role of teachers as facilitators of the Meena Radio Programme established.	
	Tea		1115 Hrs – 1140Hrs	Tea	
	Presentations of the remaining Groups	Role Plays & Discussions	1140 Hrs – 1240 Hrs	Role of teachers as facilitators of the Meena Radio Programme established.	
<b>Session4: Challenges</b>	Feedback on Role Plays	Open House Discussion	1240 Hrs – 1310 Hrs	Challenges & Solutions discussed & clarified.	
			1310 Hrs – 1410 Hrs	LUNCH	
	Energizing game (Tota Kehta Hai)	Activity	1410 Hrs – 1415 Hrs	Participants become energized, alert and more receptive for the session after lunch	

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<b>Session 5: Community Mobilization</b>	Meena Ki Duniya – Synergy between Meena Manch & Meena Radio Programme.	Brainstorming & Discussion	1415 Hrs – 1445Hrs	Participants will understand how Meena Radio Programme will mobilize parents, especially mothers,, educators, community leaders, school administrators to promote equal treatment of girls in education, and access to health services, and protection from early marriage and pregnancy. Meena Radio Programme will be an attempt to address all behavioral change factors	
<b>Session6: Monitoring</b>	Meena Ki Duniya: Monitoring Plan	Discussion	1445 Hrs – 1515Hrs	Participants will understand the monitoring plan and their role.	
	Tea		1515 Hrs – 1540 Hrs		
<b>Session 7: Broadcast Schedule</b>	Broadcast Schedule	Lecture	1540 Hrs – 1550 Hrs	Participants will know the broadcast schedule ie date and time of broadcast of Meena Radio Programme in the Upper Primary Schools of their respective districts wef August to December 2010 as well as have knowledge of the broadcast stations covering their districts.	IEC & Broadcast Power Point/ Excel sheet)
<b>Session 8: Feedback and District Training Plan</b>	Feedback from participants	Brainstorming & discussion	1550 Hrs – 1605 Hts	Participants give their feedback	
	Vote of Thanks & Wrap up		1605 Hrs – 1615 Hrs	Participants will be encouraged to train the Upper School Primary teachers, NPRC & BRC in their respective blocks as well as launch the Meena Radio Programme in their respective districts with great vigour and enthusiasm.	

